

Diagnostic Dialogues

Uncovering Insights from Real World Cases

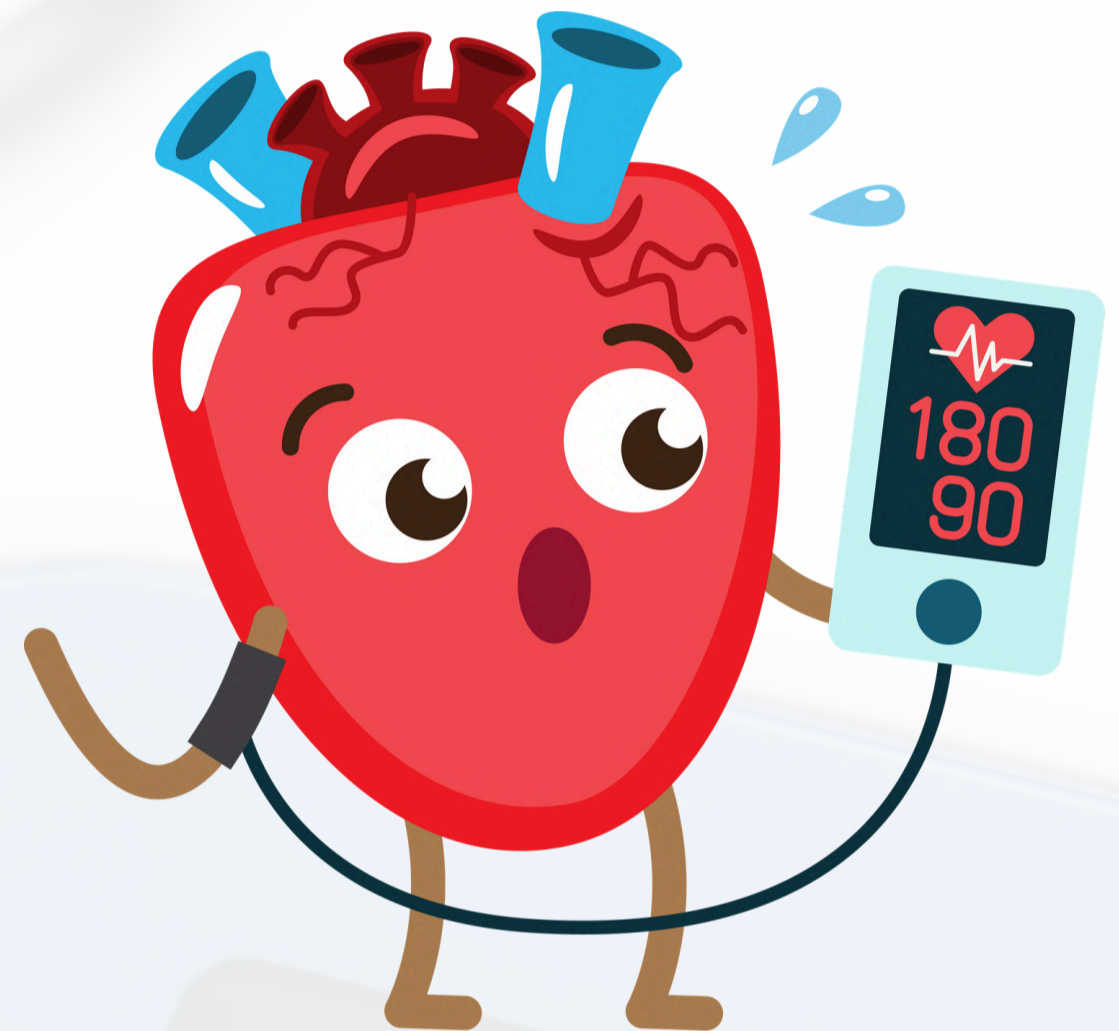
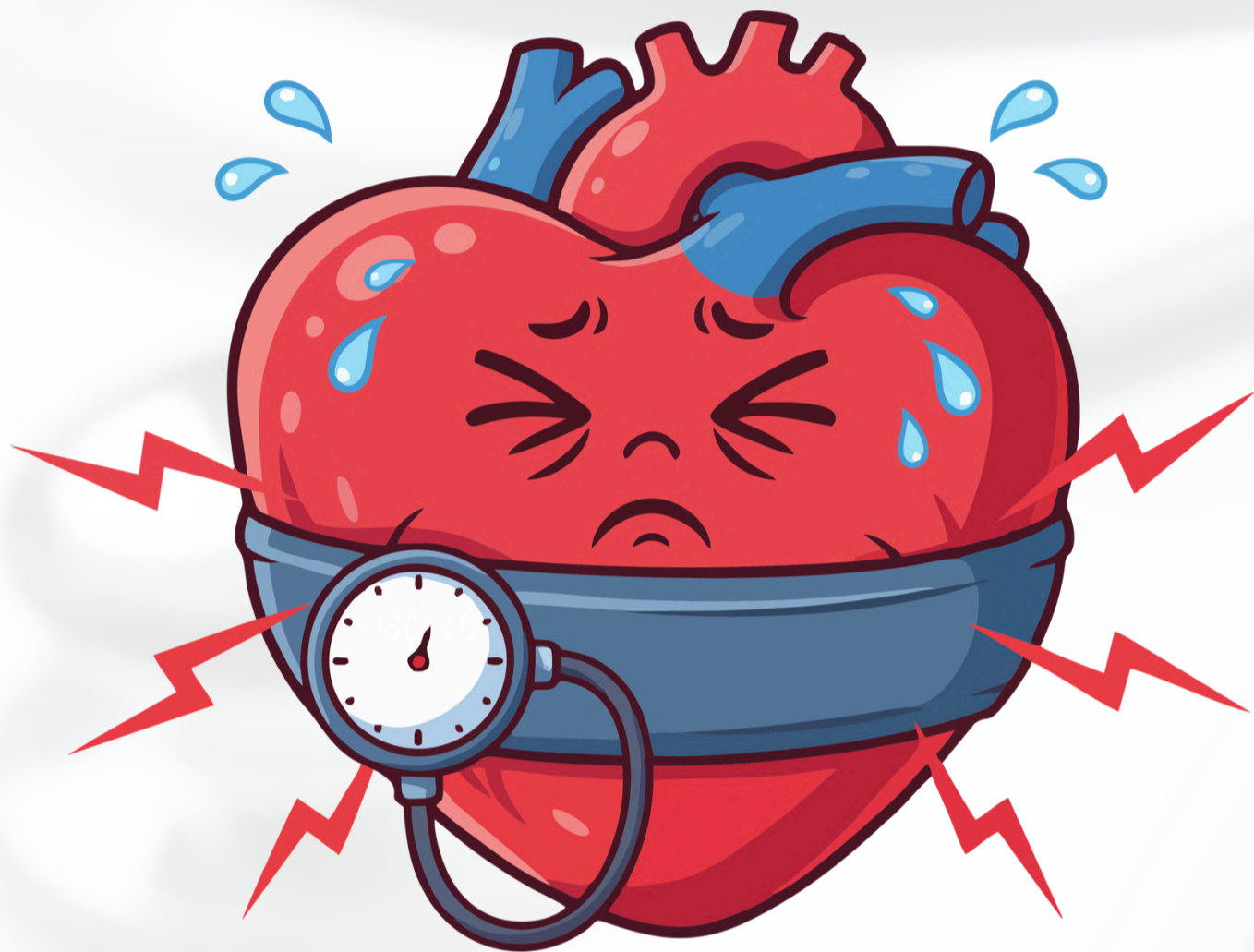
JOIN US IN COMMEMORATING WORLD **HYPERTENSION!** DAY 2026



MONDAY, 18TH MAY 2026



06:00 PM TO 08:30 PM IST



THEME: CONTROLLING HYPERTENSION TOGETHER: CHECK YOUR BLOOD PRESSURE REGULAR, DEFEAT THE SILENT KILLER

FOCUS: PROMOTING COLLABORATIVE COMMUNITY EFFORTS AND REGULAR SCREENING TO COMBAT THE SILENT THREAT OF HIGH BLOOD PRESSURE.

Highlights:



1 Unified Action Against a Silent Threat:

On World Hypertension Day, let us unite to fight one of the world's most silent yet dangerous health threats. High blood pressure often shows no symptoms, but early detection and timely treatment can save lives.



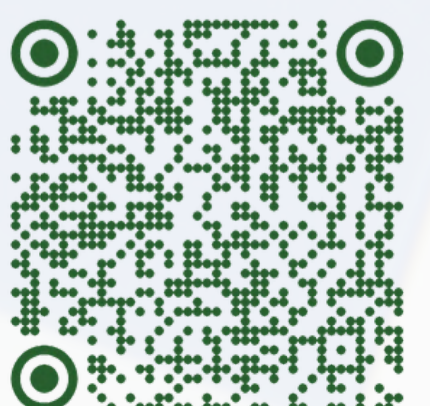
2 Standardizing Routine and Precise Screening:

On World Hypertension Day, let us come together against this silent but serious health threat. Regular blood pressure screening, healthy habits, and timely care can help prevent complications and save lives.



3 Cultivating Sustainable Lifestyle Redesign:

Cultivating sustainable lifestyle changes is essential for preventing and managing hypertension. Small daily habits like healthy eating, regular physical activity, stress management, and adequate sleep can lead to long-term heart health and overall well-being.



SPEAKERS



Management of Hypertension

Dr Akhilesh Jain

Director - Centre for Cardiac Sciences
Kokilaben Dhirubhai Ambani Hospital,
Indore



Decoding Secondary Hypertension: The Critical Role of Laboratory Diagnostics

Dr Nimmi Kansal

Director
Clinical Chemistry & Biochemical Genetics
Dr Lal Path Labs, New Delhi

MODERATOR



Dr Mamta Kankra
Organizing Secretary,
CAHO-CDE, DD

CAHO DIAGNOSTIC DIVISION



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Vice Chairperson



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Secretary

